

Adolescents think of and use strategies to encourage more adolescents in their community to join their circles.



 4/5

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 30-40 min



## Activity Overview

### Purpose

Use role playing and dialogue to encourage adolescents outside their circles to join in.

### Objectives

Adolescents will be able to:

- ▶ Empathize about others' situations.
- ▶ Express ideas through role play and dialogue.

### Competency domains

Communication and expression; Empathy and respect.

### Works well for

Adolescents who feel comfortable and ready to interact with others outside their circles; Adolescents who want to promote positive activities for their peers.

### Phase

Taking Action.

### Before

Recommended follow up to the **Our environment** or **Our challenges, Our solutions** activity, focusing on identifying adolescents in their communities who may face challenges to participating in activities.

### After

Adolescents should have an opportunity to reach out to others. They may also use related activities such as **Forming problem and opportunity statements**, **Practicing Interview Skills**, **Community Dialogue** and **Plan a project** to carry out initiatives to encourage their peers to participate in programmes or services, or to make programmes and services more accessible.

### Preparation

Have blank cards ready for each group.

1

**Facilitator says:**

"Who are some young people your age who are not participating in this programme, or other programmes or services in the community?"

**Facilitator Note:** They could focus on adolescents who have not joined their circle, or others who are not participating in services such as school or health care. Give the adolescents a minute to think of answers..

2

**Explain:**

Participants will be given a card. On one side of the card, give an example of a category of adolescents who are not participating in or accessing programmes or services. On the other side, give a challenge or a reason they might not be participating.

3

When adolescents are done they should place their cards in the middle of the circle

4

**Explain:**

As a group, adolescents should organize the cards into groups of related categories having to do with the groups of adolescents they have identified. Support adolescents in using positive terms to refer to those from different groups, and avoid insulting terms.

5

**Facilitator says:**

"Now we are going to choose 5-7 categories of adolescents who are not participating in or accessing programmes or services." Adolescents should choose 5-7 categories.

6

Organize adolescents into small groups. Each group should prepare a role play in which they hold a dialogue between the adolescent from the circle and the adolescent who is not participating in or accessing programmes.

7

**Explain:**

In their role play they should discuss reasons why one does not participate in or access services, and how to improve the situation. The adolescent from the circle should try to convince the other to join programmes or use services.

8

**Sharing and Take away**

Each group of adolescents should perform their role play.

9

**Discuss:**

- ▶ What are some reasons why some adolescents don't participate in or access programmes or services?
- ▶ What could we do to support more adolescents in joining and using these programmes and services?

10

Agree to a possible action plan, and steps they will take in the next session.

## Do & Don't

- ✓ Encourage adolescents to think of one type of programme or services, including Adolescent Circles, to make the discussion more focused.
- ✓ Encourage adolescents to think about all types of adolescents their own age, including those who may be least visible, such as those with disabilities or those who are married.
- ✗ Allow adolescents to use insults or rude remarks when discussing adolescents whom they consider different.

## Adaptation

Organize adolescents into small groups with both girls and boys, or into pairs of older and younger adolescents, if this will help them to feel more secure and comfortable as they reach out to others in their community.

## Environment

Indoor or outdoor space. Quiet.

## Supplies

- ▶ Blank cards for groups.
- ▶ Pens, pencils, or markers (one for each adolescent).

## Improvise

Instead of conducting role plays, adolescents can use the **Preparing interview questions** activity to prepare for outreach interviews to other adolescents.

## Continue

Support adolescents in carrying out their initiative to support more adolescents in participating in and accessing programmes and services. They could:

- ▶ Organize an advocacy campaign to encourage more adolescents to join their programmes
- ▶ Work with community members such as coordinators, managers and local leaders to develop adaptations programmes and services for adolescents so that they are more accessible

